

# **10 Day Barry Harris Inspired Practise Challenge Workbook**

## **Diminished 6th Scale**



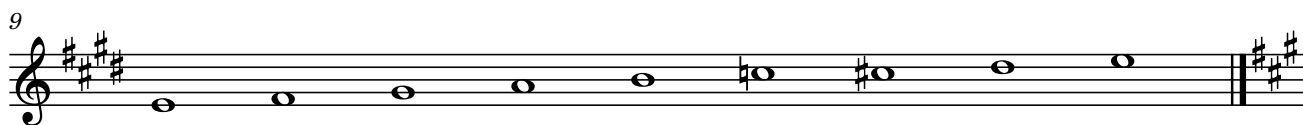
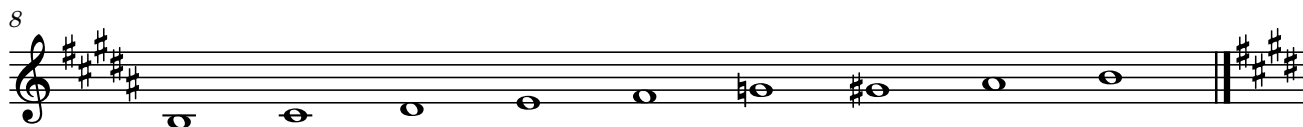
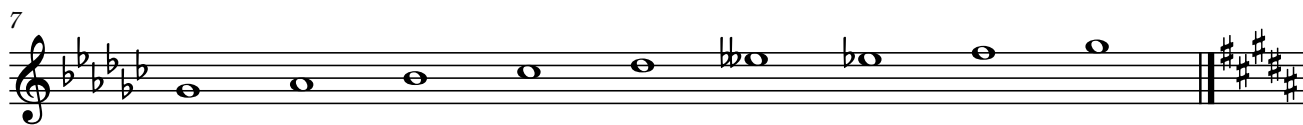
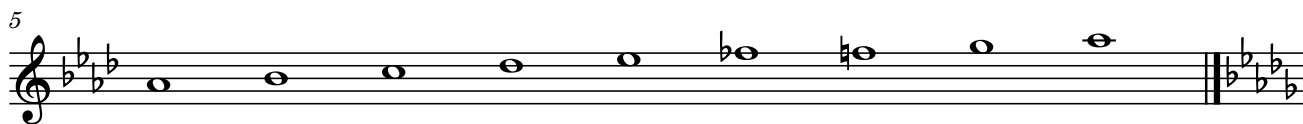
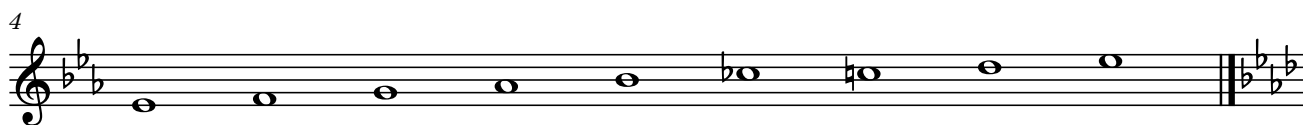
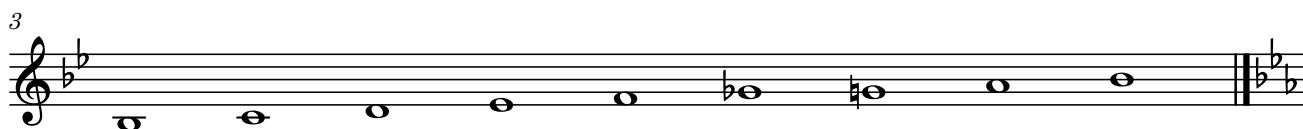
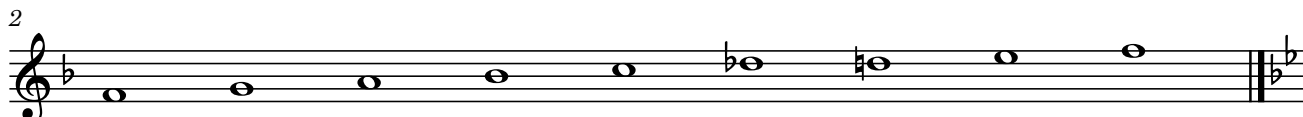
**JazzPianoLessons.Online**  
**G. Seddon**

# DAY ONE

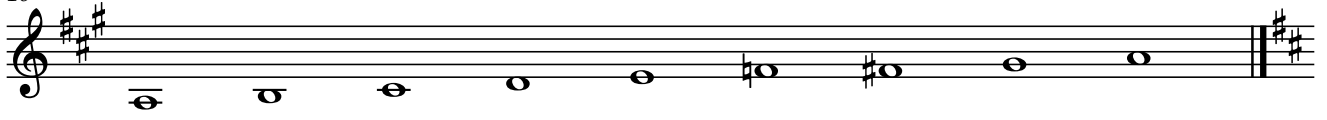
**Practise up and down, hands  
seperate and together, all 12 Keys**

# Diminished 6th Scale

All 12 keys



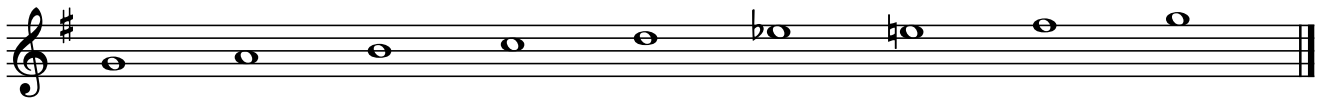
10



11



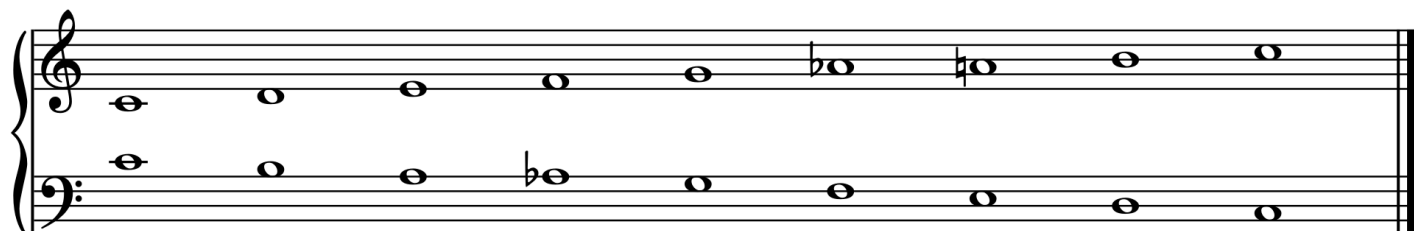
12



# DAY TWO

**Practise contrary motion in all 12  
Keys**

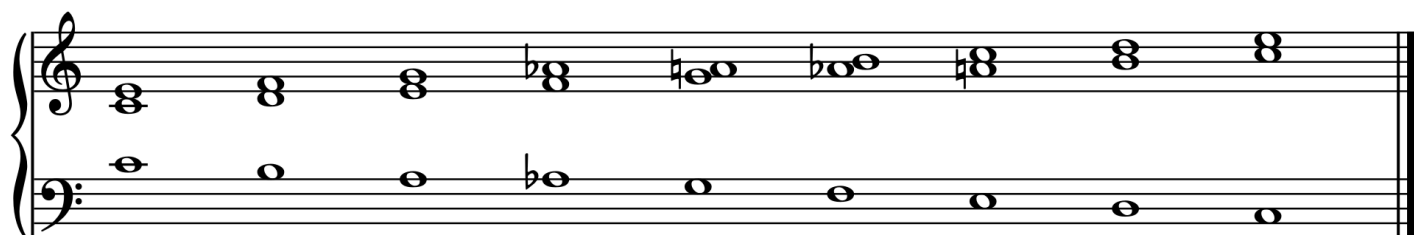
Example in key of C



# DAY THREE

**Practise contrary motion and a  
3rd in all 12 Keys**

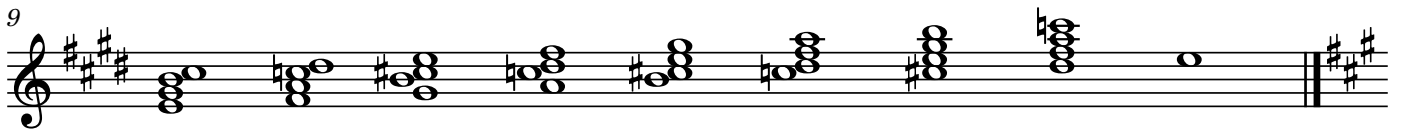
Example in key of C



# DAY FOUR

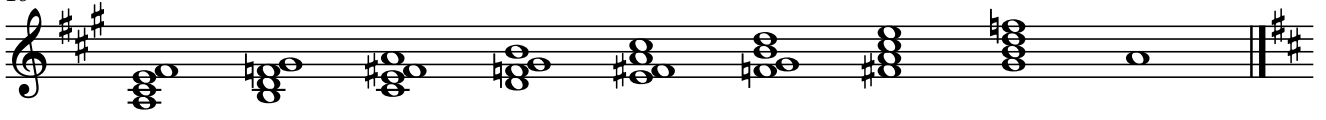
**Major 6th and Diminished 7th  
Chords in 12 Keys**

# 6th and Diminished 7th Chords





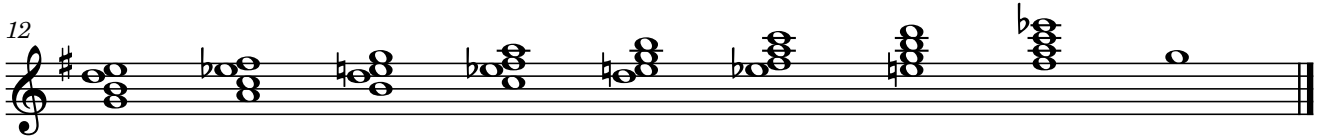
10



11



12



# DAY FIVE

**Major 6th and Diminished 7th  
Axis of a 3rd Voicings  
in 12 Keys**

Axis of a 3rd  
=  
LH 1 5 & RH 7 3

# Axis of 3rd Voicings (6 and dim7)

Piano

System 1: Treble clef, bass clef. Chords: C6, F6, Bb6, Eb6, Ab6, Db6, Gb6, Cb6.

2

Pno

System 2: Treble clef, bass clef. Chords: Fb6, Bb6, Eb6, Ab6, Db6, Gb6, Cb6, Fb6.

3

Pno

System 3: Treble clef, bass clef. Chords: Bb6, Eb6, Ab6, Db6, Gb6, Cb6, Fb6, Bb6.

4

Pno

System 4: Treble clef, bass clef. Chords: Eb6, Ab6, Db6, Gb6, Cb6, Fb6, Bb6, Eb6.

5

Pno

System 5: Treble clef, bass clef. Chords: Ab6, Db6, Gb6, Cb6, Fb6, Bb6, Eb6, Ab6.

Axis of 3rd Voicings (6 and dim7)

6

Pno

Musical notation for voicing 6, showing a piano (Pno) score with treble and bass clefs. The key signature has three flats (B-flat, E-flat, A-flat). The treble staff contains a sequence of chords: F6, E-flat6, D6, C6, B-flat6, A6, G6, F6. The bass staff contains a sequence of chords: F6, E-flat6, D6, C6, B-flat6, A6, G6, F6. The notation uses whole notes for the root and fifth, and half notes for the third and sixth.

7

Pno

Musical notation for voicing 7, showing a piano (Pno) score with treble and bass clefs. The key signature has three flats (B-flat, E-flat, A-flat). The treble staff contains a sequence of chords: F7, E-flat7, D7, C7, B-flat7, A7, G7, F7. The bass staff contains a sequence of chords: F7, E-flat7, D7, C7, B-flat7, A7, G7, F7. The notation uses whole notes for the root and fifth, and half notes for the third, seventh, and ninth.

8

Pno

Musical notation for voicing 8, showing a piano (Pno) score with treble and bass clefs. The key signature has three sharps (F-sharp, C-sharp, G-sharp). The treble staff contains a sequence of chords: F#8, E#8, D#8, C#8, B#8, A#8, G#8, F#8. The bass staff contains a sequence of chords: F#8, E#8, D#8, C#8, B#8, A#8, G#8, F#8. The notation uses whole notes for the root and fifth, and half notes for the third, seventh, and ninth.

9

Pno

Musical notation for voicing 9, showing a piano (Pno) score with treble and bass clefs. The key signature has three sharps (F-sharp, C-sharp, G-sharp). The treble staff contains a sequence of chords: F#9, E#9, D#9, C#9, B#9, A#9, G#9, F#9. The bass staff contains a sequence of chords: F#9, E#9, D#9, C#9, B#9, A#9, G#9, F#9. The notation uses whole notes for the root and fifth, and half notes for the third, seventh, and ninth.

10

Pno

Musical notation for voicing 10, showing a piano (Pno) score with treble and bass clefs. The key signature has three sharps (F-sharp, C-sharp, G-sharp). The treble staff contains a sequence of chords: F#10, E#10, D#10, C#10, B#10, A#10, G#10, F#10. The bass staff contains a sequence of chords: F#10, E#10, D#10, C#10, B#10, A#10, G#10, F#10. The notation uses whole notes for the root and fifth, and half notes for the third, seventh, and ninth.

Axis of 3rd Voicings (6 and dim7)

11

Pno

Musical notation for exercise 11, piano part. The system consists of two staves, treble and bass clef, with a key signature of one sharp (F#). The exercise is marked with a first ending bracket above the first measure. The notation shows a sequence of chords: F#m (treble: F#4, A4; bass: F#2, A2), Gm (treble: G4, Bb4; bass: G2, Bb2), Am (treble: A4, C5; bass: A2, C3), Bbm (treble: Bb4, D5; bass: Bb2, D3), C (treble: C5, E5; bass: C2, E3), D (treble: D5, F#5; bass: D2, F#3), Eb (treble: Eb4, Gb4; bass: Eb2, Gb2), F (treble: F4, A4; bass: F2, A2), G (treble: G4, B4; bass: G2, B2), and Ab (treble: Ab4, C5; bass: Ab2, C3). The exercise concludes with a double bar line and a sharp sign on the treble staff.

12

Pno

Musical notation for exercise 12, piano part. The system consists of two staves, treble and bass clef, with a key signature of one sharp (F#). The exercise is marked with a first ending bracket above the first measure. The notation shows a sequence of chords: F#m (treble: F#4, A4; bass: F#2, A2), Gm (treble: G4, Bb4; bass: G2, Bb2), Am (treble: A4, C5; bass: A2, C3), Bbm (treble: Bb4, D5; bass: Bb2, D3), C (treble: C5, E5; bass: C2, E3), D (treble: D5, F#5; bass: D2, F#3), Eb (treble: Eb4, Gb4; bass: Eb2, Gb2), F (treble: F4, A4; bass: F2, A2), G (treble: G4, B4; bass: G2, B2), and Ab (treble: Ab4, C5; bass: Ab2, C3). The exercise concludes with a double bar line and a sharp sign on the treble staff.

# DAY SIX

**Major 7th and Dominant 7th  
Axis of a 3rd Voicings  
in 12 Keys**

# Major 7 and Dom7

Piano

This exercise shows the construction of Major 7 and Dominant 7 chords in C major. The right hand plays the Major 7 chord (C-E-G-B) and the left hand plays the Dominant 7 chord (C-E-G-Bb). The sequence of chords is: C major 7, F major 7, C major 7, F major 7, C major 7, F major 7, C major 7, F major 7, C major 7, F major 7.

2

Pno

This exercise shows the construction of Major 7 and Dominant 7 chords in F major. The right hand plays the Major 7 chord (F-A-C-E) and the left hand plays the Dominant 7 chord (F-A-C-Eb). The sequence of chords is: F major 7, C major 7, F major 7, C major 7, F major 7, C major 7, F major 7, C major 7, F major 7, C major 7.

3

Pno

This exercise shows the construction of Major 7 and Dominant 7 chords in Bb major. The right hand plays the Major 7 chord (Bb-D-F-A) and the left hand plays the Dominant 7 chord (Bb-D-F-Ab). The sequence of chords is: Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7.

4

Pno

This exercise shows the construction of Major 7 and Dominant 7 chords in Bb major. The right hand plays the Major 7 chord (Bb-D-F-A) and the left hand plays the Dominant 7 chord (Bb-D-F-Ab). The sequence of chords is: Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7.

5

Pno

This exercise shows the construction of Major 7 and Dominant 7 chords in Bb major. The right hand plays the Major 7 chord (Bb-D-F-A) and the left hand plays the Dominant 7 chord (Bb-D-F-Ab). The sequence of chords is: Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7, Bb major 7, F major 7.

Major 7 and Dom7

6

Pno

Measure 6: Treble clef, key signature of three flats (B-flat, E-flat, A-flat). The right hand contains a sequence of chords: B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7. The bass line contains a sequence of chords: B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7. The measure ends with a double bar line and a repeat sign.

7

Pno

Measure 7: Treble clef, key signature of three flats. The right hand contains a sequence of chords: B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7. The bass line contains a sequence of chords: B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7, B-flat major 7, E-flat major 7, A-flat major 7. The measure ends with a double bar line and a repeat sign.

8

Pno

Measure 8: Treble clef, key signature of three sharps (F-sharp, C-sharp, G-sharp). The right hand contains a sequence of chords: F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7. The bass line contains a sequence of chords: F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7. The measure ends with a double bar line and a repeat sign.

9

Pno

Measure 9: Treble clef, key signature of three sharps. The right hand contains a sequence of chords: F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7. The bass line contains a sequence of chords: F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7. The measure ends with a double bar line and a repeat sign.

10

Pno

Measure 10: Treble clef, key signature of three sharps. The right hand contains a sequence of chords: F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7. The bass line contains a sequence of chords: F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7, F-sharp major 7, C-sharp major 7, G-sharp major 7. The measure ends with a double bar line and a repeat sign.



Major 7 and Dom7

11

Pno

Musical notation for measure 11, piano accompaniment. The key signature is one sharp (F#). The measure contains two staves: a treble clef staff and a bass clef staff. The treble staff contains a series of chords: F#4-A5 (quarter), F#4-A5 (quarter), F#4-A5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), and F#4-A5 (quarter). The bass staff contains a series of chords: F#2-A3 (quarter), F#2-A3 (quarter), F#2-A3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), and F#2-A3 (quarter).

12

Pno

Musical notation for measure 12, piano accompaniment. The key signature is one sharp (F#). The measure contains two staves: a treble clef staff and a bass clef staff. The treble staff contains a series of chords: F#4-A5 (quarter), F#4-A5 (quarter), F#4-A5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), Bb4-D5 (quarter), and F#4-A5 (quarter). The bass staff contains a series of chords: F#2-A3 (quarter), F#2-A3 (quarter), F#2-A3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), Bb2-D3 (quarter), and F#2-A3 (quarter).

# DAY SEVEN

**Improvisation**  
**Scale starting on chord tones**  
**12 keys**

**Example in Key of C**

# Improv Scale starting on chord tones (Maj 6)

Piano

4

7

# DAY EIGHT

**Improvisation**  
**Arpeggios up and down**  
**12 keys**

**Example in Key of C**

Improv up and downn arpeggios

Piano

Pno

4

Pno

8

# DAY NINE

**Jazz Standard Application**

**Blame it on My Youth**

# DAY TEN

**Jazz Standard Application**

**Someday My Prince Will Come**